



RETAIL PRODUCTS CATALOGUE



Vegan



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TRADING
24
YEARS

Welcome

to our products catalogue...

Here you will find information on all of the products currently in our range of specialist health supplements, herbal formulations and organic health foods.

People from all walks of life rely on Specialist Supplements products daily to support their health goals, whatever they might be - improving their overall health and vitality, supporting an allergy, shaping up or living an active lifestyle.

Our philosophy is that *your health is your responsibility*, so take a positive step towards better health and vitality with our help today!

Good to know

Our products are manufactured in the UK under quality assured processes (Good Manufacturing Practice and ISO 9001 standards), using the highest quality ingredients.

We are called Specialist Supplements for a reason - unlike most mass-market products, ours are concentrated, unique and cutting-edge.

We take great care in our choice of suppliers, always aim to offer our customers best value and do our bit for corporate social responsibility, including making regular donations to charitable causes (such as the Alliance for Natural Health (ANH), Hillside Animal Sanctuary, The Donkey Sanctuary, Crisis, The Big Issue and the RSPCA).



Information in this catalogue is correct at the time of printing. Products and ingredients may change from time to time and we are continually adding to and improving our range. For latest product information and pricing, visit the website. The pictures used are for visual purposes only and packaging may vary.













What's inside

Categories

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Find the right supplements for you...

Use our symbols to find the supplements that best suit your particular health goals.

 pH	Alkalising	 IS	Immune system
 A	Antioxidants	 JB	Joints and bones
 CD	Cleanse and detox	 Om	Omega oils
 Di	Digestive system	 Sk	Skin, hair and nails
 EAL	Energy and active lifestyle	 Vit	Vitamins, minerals and phyto-nutrients
 	General health and well-being	 Wm	Weight management
 	Heart health	 W	Women

Product information

Most of our products are suitable for vegetarians and vegans and are free from added sugar, along with artificial additives, preservatives, fillers, binders and colours (unless otherwise stated) - no added nasties!







See online for full dietary and nutritional information.

Earn reward points

Create an account with us and you automatically join our customer loyalty scheme. You then earn points* with every purchase - the more you spend, the more you save! It's free, quick and easy to register, so what are you waiting for?

**Applies to online purchases only - you will need to register on our site.*

Dietary symbols key

-  **V** Suitable for vegetarians
-  **VV** Suitable for vegans
-  **D** Dairy-free
-  **G** Gluten-free
-  Organic EU certified
-  Organic UK certified

FREE delivery available!

Free UK mainland delivery is available for orders over £24.99.

Immune health



Health - who wants to be average?

We believe that optimum nutrition and a sense of well-being can be achieved by almost anyone, given the right tools and information.

Unfortunately, in this modern age, people have become resigned to feeling tired, lacklustre and generally unwell. Aches and pains have become an accepted part of everyday life.

This is in no small part due to the fact that the average diet is now packed full of over-processed, nutrient-poor and chemically-enhanced food and drink. These are highly acid-forming, leading to over-acidity in the body, inflammation and, in many cases, ill-health.

Restore health and balance to your body with alkalisng and enzyme-rich nutrients from natural whole foods, which support optimal nutrition.

You are what you eat

The energy produced from the food you eat powers all of the incredible unseen processes in your body.

For instance, your digestive health is maintained by some 300 different strains of bacteria and other micro-organisms, while your immune system replaces its entire 'army' every week. Your bones are in a constant state of renewal and even your external skin is replaced every month!

All this, and more, is done using only the nutrients that you choose to supply to your body through the food you eat and any supplements you take.

Your day-to-day diet and lifestyle are the most important factors in maintaining long-term health, vitality and well-being - so make healthy choices!



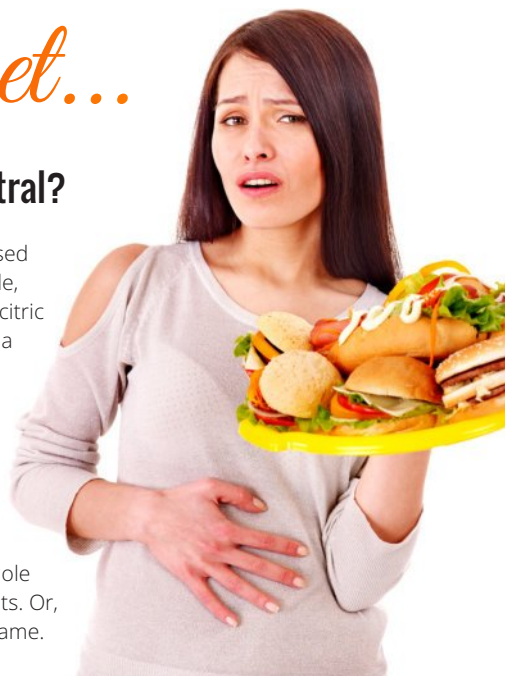
The role of diet...

Which foods are acidic, alkaline or neutral?

Whether a food is acid- or alkali-forming is not to be confused with the immediate acidity of a food. Grapefruit, for example, contains citric acid and can therefore taste sour. However, citric acid is completely metabolised and the net effect of eating a grapefruit is to actually alkalise the body!

In shaping our diets, and supporting our health and vitality for the long-term, it is essential to include the ideal ratio of acid to alkaline foods.

Below are some examples, but the key is to eat plenty of seasonal, preferably organic, fruit, vegetables and other whole foods that are naturally high in a wide range of vital nutrients. Or, where this is not always possible, to supplement with the same.



TOP TIP - Around 80% of our diet should come from alkali-forming foods

Acidic

Meat, fish, poultry and game
(including broths, soups
and extracts)

Cheese and eggs

Grains: wheat, rice, oats, barley,
buckwheat, and all grain
products (including all kinds
of flours and breads)

Sugar of all kinds and all
sugar-containing products

Beans and legumes

Condiments, coffee, tea
and alcohol

Neutral

Some seeds (including
sunflower, pumpkin and
sesame seeds)

Fats (including butter,
margarine and vegetable oils,
such as olive, sunflower, flax
and sesame)

***NOTE:** Fruits are only alkaline once they are ripe. However, some, such as lemons, are usually acid-forming in practice because they aren't available in a tree-ripened state. Dried prunes are also acid-forming

Alkaline

Fruits* (e.g. apples, apricots,
bananas, cherries, figs, dates,
currants, grapefruit, grapes,
oranges, mangoes, papayas,
raspberries etc)

Vegetables (e.g. asparagus,
aubergines, avocados, beetroot,
broccoli, sprouts, cabbage,
carrots, celery, spinach,
cucumber etc)

Nuts (including almonds, Brazil
nuts, chestnuts etc)

Seed used as grain (millet)

Specialist
immunity
formula



IMMUNITY

Advanced Immunity Spectrum

Specialist immunity blend and powerful vitamin C formula

A powerful immunity vitamin C (**512mg**) formula from multiple sources (including herbs, berries, plants and ascorbic acid) **PLUS 19 additional ingredients** from herbs, berries, fruits, leaves, roots, mushroom, bulbs, vitamins and minerals (vitamins C, D, E, B6, selenium and zinc).

Vitamin C to support a strong and healthy immune system!

60 caps

Code IMUC60

V V V D G





Acai Immuno Defence

A combination acai berry, herbal, vitamin and mineral formula for immunity support PLUS

A combination of Brazilian freeze-dried acai berry powder and extract with a range of vitamins, minerals and herbs (including zinc, vitamin B6, biotin, organic Moringa oleifera and beetroot). In capsule form, these exotic berries and synergistic nutrients can easily be incorporated into your daily diet to offer support for the immune system, energy levels, bones, skin, hair, nails and more.

100 caps

Code SNO99B

V VV D G



IMMUNITY,
ENERGY, BONES,
HAIR, SKIN,
& NAILS!



CherryBeet (4500mg)

Energy and immunity support

CherryBeet combines beetroot powder and extract (10:1), with Montmorency (sour) cherry powder and extract (10:1), to provide a concentrated formula - **4500mg** per capsule. These two primary ingredients are then complimented by the addition of **vitamin B6**, **black pepper powder** and **turmeric extract** (95% curcumin) - to provide additional support for the reduction of tiredness and fatigue, immunity and more.

60 caps

Code BRMC60

V VV D G



SQUEEZE ALL THIS GOODNESS INTO YOUR DAILY DIET:

PRE-SPROUTED ACTIVATED BARLEY, ALFALFA, BARLEY GRASS, BEETROOT, BILBERRY FRUIT, CARROT, DANDELION ROOT, GREEN TEA LEAF, KELP, LEMON PEEL, SPINACH LEAF, SPIRULINA, TURMERIC AND WHEATGRASS!



ORGANIC MaxNourish

An organic multi-nutrient super blend - in bioavailable food form for maximum absorption

An organic and vegan multi-nutrient blend, in easy-to-take capsules. Quickly and easily access **14 fruits, berries, vegetables and herbs** on a daily basis, with just one food supplement. Each capsule contains: pre-sprouted activated barley, alfalfa, barley grass, beetroot, bilberry fruit, carrot, dandelion root, green tea leaf, kelp, lemon peel, spinach leaf, spirulina, turmeric and wheatgrass..

100 caps

Code MSF10



NaturaC - food form vitamin C

Bioavailable with no synthetic ascorbic acid - a gentle food form vitamin C for maximum absorption and use by the body

Derived from some of nature's richest sources of this essential vitamin and antioxidant: Acerola cherries, rosehips, blackcurrants, parsley leaf and elderberries. Packed with bioflavonoids, vitamins, minerals and phyto-nutrients. Powerful, yet gentle and non-acidic.

60 caps

Code SS360



GENTLE AND NON-ACIDIC!



Did you know...

Our hunter-gatherer ancestors had a ratio of Omega 6 to Omega 3 fatty acids of about 5:1. As a result of modern food processing and changes in our diet, the ratio is now about 24:1!

Antarctic Krill Oil (500mg)

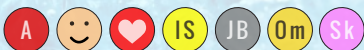
Sustainably-sourced

A great source of Omega 3 oil, phospholipids and astaxanthin, to support the brain, heart, blood pressure, vision and more. No fishy after-taste!

60 caps

Code K060

(D) (G)



Omega 3-6-9 Oils (1000mg)

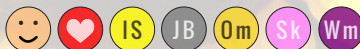
Beneficial oils for healthy joint support and more

A balanced blend of these healthy fats, in ideal ratios for the human body. Derived from sunflower seed oil, flaxseed oil and fish oil - the best source - and with added vitamin E.

60 caps

Code SNC60

(D)



Ashwagandha

BOTANICAL COMPLEX



Ashwagandha Botanical Complex

Ashwagandha plus herbs, roots and vitamins

Ashwagandha root extract plus herbs, roots and vitamins, formulated to support normal **hormonal activity**, the **immune system**, **energy** levels, **mental performance** and more. This food supplement combines important nutrients which contribute to normal hormonal activity, psychological function and nervous system function, helping users to better manage their stress response on a day-to-day basis. This clever formula helps the body to adapt to what it needs, when it needs it.

90 caps

Code ASWG90





A COMPREHENSIVE FORMULA FOR
COLLAGEN, CARTILAGE AND BONE SUPPORT!



Happy-Flex Combination

EAL

Collagen, bone and cartilage formula

JB

A comprehensive formulation, which combines bioavailable glucosamine HCL with MSM, vitamin C, sour cherry, rosehip, turmeric, kelp, enzymes and other herbs and food-based ingredients.

60 caps

Code HF60

(D) (G)

L-Glutamine

Pure amino acid powder

Required by the body for a wide range of repair and maintenance functions, including joint and tissue maintenance, muscle repair, bone growth, wound healing, digestive health, gut wall integrity and immune system support.

100g powder

Code SN0181

(V) (V) (D) (G)

(Di) (EAL) (Smiley Face) (IS) (JB)



MULTI-MUSHROOM

Organic Complex



Multi-Mushroom Organic Complex

Combination mushroom and herbal immunity blend

Multi-Mushroom Organic Complex is an **organic** mushroom immunity blend with Maitake, Reishi, Shiitake, Lion's Mane, Chaga **PLUS** Astragalus root, Acerola fruit and black pepper - all in one convenient capsule, providing important nutrients (such as vitamin C and vegan vitamin D). As well as its primary **immunity** properties, this special complex supports everything from **energy** levels, to protection of cells from **oxidative stress** - **backed by science**.

90 caps

Code MMB90



Organic alkalising and detox formula

**MUST
PRODUCT**



DETOX

NOURISH

ALKALISE

CLEANSÉ

Sea & Soil

Seagreens®

An all-in-one organic alkalising, nourishing, cleanse and detox formula

An alkalising, cleansing and detoxification formula, which combines the best of nutrient-dense foods from both the sea and Earth's soil. The **organic** ingredients blended in this food supplement are: Seagreens food-approved seaweed, artichoke, chlorella, green tea leaf, spirulina, ashwagandha root and cayenne - nutritious foods, rich in a broad spectrum of nutrients such as antioxidants, phyto-chemicals, iodine, vitamins, minerals and enzymes. All-round daily nourishment made easy.

100 caps

Code OSS-100



TURBO BRAIN

BRAIN SUPPLEMENT • NUTRITIONAL COGNITIVE ENHANCER • ENERGY BOOSTER



Turbo Brain

Mental performance brain supplement and more

Be a bright spark with Turbo Brain - a concentrated food supplement for the brain, and more! It contains a special combination of vitamin and mineral ingredients that are scientifically proven to support cognitive function, as well as the immune system and energy levels. It provides valuable additional nutritional energy to your brain and body. Synergistic herbal and other nutritive allies have also been added to the formula, including Korean Panax ginseng, guarana, Bacopa monnieri and more.

60 caps

Code TBN60

(V) (G)



T



Turmeric Herbal Combo

Turmeric powder and extract with synergistic extracts, herbs and nutrients

Turmeric Herbal Combo is a unique combination of turmeric with synergistic extracts, herbs and nutrients, which supports bone health and immunity, as well as energy levels, cognitive function, hormonal activity, acid-base metabolism, macronutrient metabolism, nails, skin, hair and more. Each capsule combines **organic turmeric powder PLUS** high-potency **turmeric extract (95% curcumin** - the active ingredient) with **ginger root extract (5% gingerols)**, **cayenne extract (100au capsaicin)**, **piperine** (black pepper) extract, **zinc citrate** and **vitamin B6**. The piperine has been included to potentiate the absorption of the other herbals - a well-known herbalists' combination.

Code TURC90

V V D G

JB

EAL

W



Meal shakes

Protein powder
Breakfast-to-go

Modern living

Nutrition made easy

How do we ensure that our families are getting the broad spectrum of nutrients that they need on a daily basis?

What's more, if we have a restricted diet (such as vegan, vegetarian, organic, coeliac, diabetic, dairy-free or gluten-free), how can we help to avoid deficiencies?

One of the best ways to achieve these health goals remains through careful meal planning - nothing can replace a balanced diet. Eating a variety of fresh, seasonal and organic fruits, vegetables and other natural whole foods goes a long way to helping you achieve optimum nutrition.

However, for the reasons already mentioned, it is not always possible to meet your body's nutritional requirements through diet alone.

Daily shakes, fortified with high-quality, food form nutrients and free from added 'nasties', can provide a quick and easy means of topping up on nutrients.

Smoothie inspiration

1



3



Check out our yummy,
nutrient-packed
powders on the next
few pages!





MEALtime - in 2 delicious flavours

A dairy-free and gluten-free meal shake and protein powder, in delicious chocolate and vanilla flavours

These light nutritious meal shakes and **non-GMO soya protein** isolate powders are fortified with vitamins, minerals and dietary fibre. Ideal for vegetarians and vegans and people with sensitive stomachs. High in protein and fibre, low in saturated fat and calories and with no artificial sweeteners.

300g powder

Code 0616MCF / SN049

(V)(V)(D)(G)



Premium quality whey protein powder



WheyNourish (chocolate and vanilla flavours)

Premium quality whey protein from concentrate and isolate

This whey protein powder delivers a high level of protein per serving, to support muscle mass and healthy calorie intake. Unlike most whey protein powders found on the high-street, our formula contains a blend of both whey protein concentrate and whey protein isolate, notably from EU and British sourced milk which is hormone-free and non-GMO. No artificial sweeteners, colours or flavours!

600g powder

Code WPP600C / WPP600V

(V) (G)

**BEST
SELLER!**

This is no ordinary organic green shake



35 green foods,
vegetables, fruits,
berries, herbs,
mushrooms, sprouts
and seeds **PLUS**
bio-active enzymes!

Organic vegan nutrition made easy, with naturally high food form vitamin C content

GreeNourish[®] Complete

Organic foods blend with 35 ingredients PLUS bio-active enzymes

GreeNourish Complete is no ordinary green shake - this high-fibre blend contains **35 organic ingredients**, including **green foods, fruits, berries, herbs, mushrooms, sprouts and seeds PLUS bio-active enzymes** - organic, vegan nutrition made easy! Plus, with its naturally high food form **vitamin C** and **fibre** content, daily use of this shake is a great way to support your **immunity** and digestive health (**bulk**). Naturally low in fat, quality plant protein and no added sugar or other 'nasties'.



300g powder

Code SN105





PeaNourish

High protein, high fibre plus phyto-nutrients





RiceNourish

Chocolate flavour brown rice protein blend

This **brown rice protein** powder blend, with **added dietary fibre** from catgory root extract, as well as **phyto-nutrients** from green tea extract and guarana seed extract, boosts the user's daily intake of lean protein and greatly enhances the diet.

It is a delicious chocolate flavour, low in saturated fat and high in protein and fibre.

RiceNourish contains no artificial sweeteners and can be enjoyed as a breakfast, lunch, or anytime shake, or as a guilt-free, tasty dessert!

500g powder

Code RICE-CHOC-500

V V V D G



Digestion, & Cleanse & Detox



The importance of digestion

Nutritional medicine places great emphasis on the digestive tract.

This is understandable, because it is where we obtain the goodness from the food we eat and where we eliminate toxins and waste, which would be harmful to our bodies if left to remain.

The health of our liver, lymphatic system and immune system are also all greatly affected by the state of our digestive system, and intestines more particularly.

Body cleanse and detox

We are continually exposed to toxins, in one form or another, and so our bodies are continually trying to remove them.

Every toxin you are exposed to will arrive at your liver, your body's chief detoxification organ. However, none of the detoxification systems work in isolation; they all depend on one another.

If one detox system is overworked or functioning poorly (such as the digestive system), this will place additional stress on other systems.

COL-Clear® formulas

COL-Clear A and COL-Clear B - Herbal colonics complex

This herbal colonics complex comes in two versions. It combines a range of herbal ingredients, such as **barberry bark**, **cayenne**, **dandelion root**, **rhubarb**, **aloe vera**, **fennel**, as well as **sugar beet fibre** in COL-Clear A, which contributes to an increase in faecal bulk and normal bowel function. As used by colonic hydrotherapists and clinics, in conjunction with their sessions.

100 caps

Code 052L-00 / L055-00

V V D G



ACTIVE HERBALS

With sugar beet
fibre to support
increased bulk...



Using glucomannan in combination
with an energy restricted diet
contributes to weight loss.*

*Beneficial effect is obtained with a daily intake of 3g of glucomannan in
three doses of 1g each, together with 1-2 glasses of water, before meals.

Fibre & Full



Healthy bowels blend and weight loss supplement

A high fibre, **bulk and weight loss** support combination supplement, with psyllium husks, sugar beet fibre, bacteria, prebiotics (FOS), glucomannan fibre, L-Glutamine and herbs (fennel seed, peppermint leaf and ginger root). 1 teaspoon of powder (5g) contains 1g of glucomannan.

180g powder

Code SN040



Efficient digestion is the
cornerstone of good health

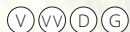
Dietary Fibre Complex

A high fibre blend for support of bulk and bowel function

A multi-fibre nutritional formula, derived from a unique combination of **psyllium husks, flaxseed, sugar beet, prune, fig** and other high-fibre foods and herbs. A combination of **insoluble and soluble fibre**, which is more than just roughage - it also provides cellulose, pectin, hemicellulose, lignin and gums. Ideal support an increase in faecal bulk and normal bowel function.

100 caps

Code DF120



Liver Clear

Healthy liver function

A unique blend of herbal and vitamin ingredients, which offer support for liver function, as well as lipid, homocysteine, energy-yielding and macronutrient metabolism, mucous membranes, hair, skin and more. May be of particular benefit to those with a poor diet, who regularly overindulge in alcohol or tobacco, or generally feel run down and lethargic.



INGREDIENTS INCLUDE: CHOLINE, BIOTIN, ARTICHOKE, BEETROOT, BURDOCK ROOT, CAYENNE, FENNEL SEED, DANDELION ROOT, LIQUORICE ROOT, PARSLEY LEAF, TURMERIC, GARLIC, GINGER ROOT AND MORE!

60 caps

Code SN145



Home Enema Kit

Durable, re-usable and easy-to-use

A 2 litre capacity device with an anal cannula for enemas in the privacy of your own home. Also doubles as a vaginal irrigation cannula. Ideal as part of a colon cleansing or full body cleanse and detox programme. For best results, use in conjunction with our probiotics, digestive system and colon cleanse products.

Code SNE01



As recommended
by Marie Claire

DIGESTIVEaid

High-strength digestive enzymes

A broad-spectrum range of high-strength, plant-derived digestive enzymes, combined with soothing herbs and natural digestives, which are well-known for their food-digesting actions. This food supplement offers ideal support for efficient digestive function and a healthy intestinal system.

90 caps

Code SN014

Di



Ideal support for healthy digestion!



Ideal for
travel!

InternaCALM

Saccharomyces boulardii yeast PLUS immunity support

A high-strength Saccharomyces boulardii yeast formula (5 billion organisms per capsule), with olive leaf extract, vitamin D3 and biotin for additional support of the immune system, inflammation response and mucous membranes.

30 caps

Code SAB30

Ⓛ Ⓞ Ⓜ



SPOREgone®



An all-in-one yeast balance, detox, digestion and colon health support supplement

A comprehensive **caprylic acid** formula made up of **herbs**, **probiotics** and **vitamins**. Helps to support the correct balance of gut micro-flora (bacteria and yeasts), integrity of the gastrointestinal tract and encourages the growth of friendly bacteria. **A must try!** Combine with a low-sugar and low-yeast diet.

60 caps

Code SN012



Nat-Lax® TNT



Herbal colon blend

A herbal colon combination with sugar beet fibre (for support of an increase in bulk), glucomannan and synergistic herbs (rhubarb, cayenne, dandelion root, aloe vera leaf, ginger root, black aged garlic, nettle leaf and barberry). As used by detox clinics and colonic hydrotherapists.

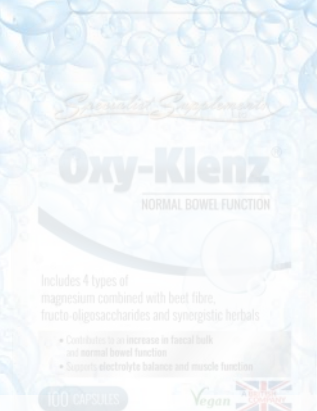


90 caps

Code 070L-0



**WITH SUGAR
BEET FIBRE!**



Oxy-Klenz®

Magnesium based bowel formula

A magnesium based bowel formula, with ingredients specifically selected to contribute to an increase in faecal bulk, normal bowel function, electrolyte balance and more. Also with sugar beet fibre, the prebiotic FOS, apple cider vinegar, ascorbic acid (vitamin C), citric acid and citrus bioflavonoids.

100 caps

Code SN100

V VV D G

CD Di

**INTESTINAL
DETOX
SUPPORT**

**SAY NO TO
UNWANTED
'GUESTS'!**

P-Cleanse

An internal cleansing effect for gastrointestinal support



A blend of **12 herbs** to support gastrointestinal health, including magnesium caprylate, cinnamon bark, clove, shiitake mushroom, garlic, glucomannan, pumpkin seed, chicory root, grapefruit seed, cayenne, fenugreek seed and olive leaf. Say **NO** to unwanted guests. Ideally used when going abroad or on your return, particularly from developing countries.

90 caps

Code SN076

V VV D G

CD Di

Multi-Flora ProBio

8 strain live bacteria supplement

A high-strength, multi-strain live bacteria supplement with **4 billion** friendly bacteria per capsule, for full-spectrum support of the small and large intestines. This live bacteria blend supports a healthy balance of gut microflora, a healthy digestive system and strong immune system. Just 1 capsule contains the same amount of bacteria found in around **8 tubs of probiotic yoghurt**, without the added dairy, sugar, fat and calories!

30 caps

Code PB30



**4 BILLION
GOOD
BACTERIA
PER CAPSULE**



**20 BILLION
GOOD
BACTERIA
PER CAPSULE**

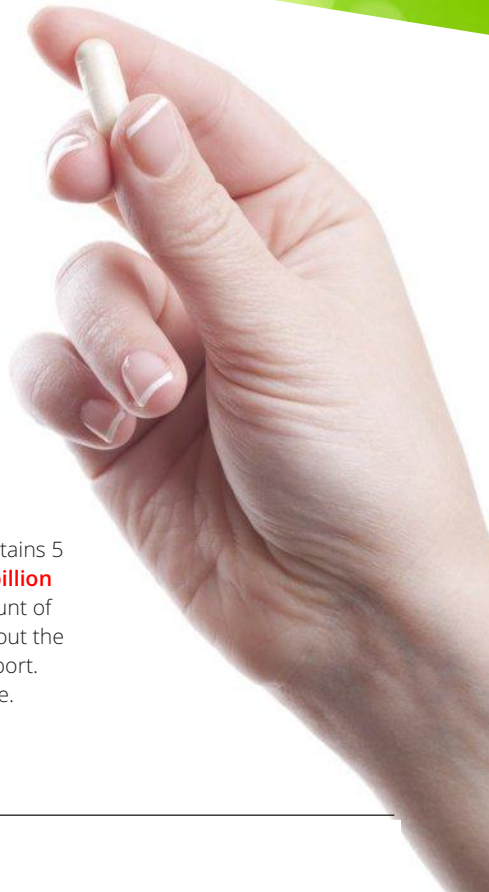
ProBio MAX

Super-strength multi-strain live bacteria 8 strains and 20 billion organisms per capsule

This **MAX** version of our multi-strain live bacteria formula contains 5 times the active friendly bacteria per capsule - a massive **20 billion** (practitioner strength)! Just 1 capsule contains the same amount of bacteria found in around **40 tubs of probiotic yoghurt**, without the added dairy, sugar, fat and calories! Full-spectrum bowel support. Guaranteed strength for 12 months from date of manufacture.

30 caps

Code PBMAX30







Weight management support



Make it count this time

The best kept secret in the slimming world is that there is no “magic pill” that is going to make you lose weight and keep it off for the long-term.

If there is a product that makes that claim, it is either part of a fad diet or could be detrimental to your health. In this age of miracle diets, it can be hard to know what your body really needs to lose weight.

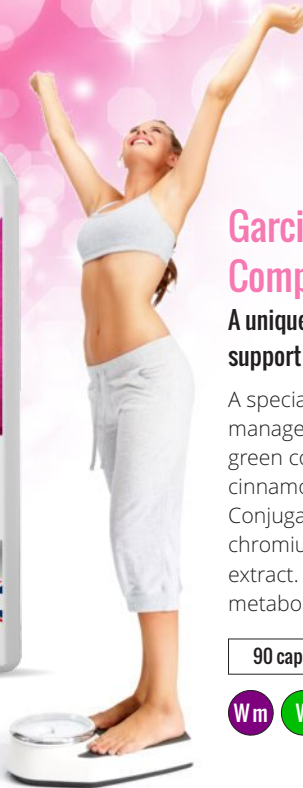
The smart approach to staying fit and in shape, and achieving your ideal weight naturally, is to maintain a lifestyle of healthy eating and regular exercise, which reflects your individuality.

Of course, it's not always as easy as that - if it was, it would be a cinch for everybody to lose weight. Sometimes you need a little extra support, particularly in the early days.

Sensible supplementation, used in conjunction with a balanced, calorie-controlled diet, can help you to achieve your goals.

Specialist Supplements' Weight Management range is specifically designed to support your body's own natural processes, including metabolism, fat burning and the processing of complex carbohydrates.

CARB
BLOCKER



Garcinia Cambogia Complex

A unique slimmer's complex support formula

A specialist combination of weight management ingredients, including green coffee extract, glucomannan, cinnamon, Garcinia Cambogia, Conjugated Linoleic Acid (CLA), chromium picolinate and kidney bean extract. Supports macronutrient metabolism and blood glucose levels.

90 caps

Code SN006

(D) (G)

Wm W

FAT
BURNER

THERMOTHIN®

An 'in shape' combination food supplement

With glucomannan fibre, choline, raspberry ketones, African mango, green tea and other synergistic herbs and nutrients, which together contribute to weight loss, energy-yielding metabolism, thyroid function, blood glucose levels and carbohydrate, lipid and fatty acid metabolism. Ideal for use during a weight management programme, suitable for men and women and recommended to be used in conjunction with a sensible exercise regime and balanced, calorie-controlled diet.



90 caps

Code SN085

(V) (VV) (D) (G)

Wm W



8000mg



Green Coffee Bean EXTREME (8000mg)

High-strength weight management support formula

This concentrated weight management support supplement contains green coffee bean extract (20:1) derived from "raw" unroasted coffee beans, providing the equivalent of **8000mg** green coffee bean powder, as well as 50% Chlorogenic Acid (CGA). It has been blended with a unique combination of kelp, cinnamon, cayenne and chromium for that extra kick (equivalent to **420mg** powder)!

60 caps

Code GCE60



A nutrient-dense herbal support formula
for healthy water balance in the body





Women

Specialist Supplements' range for women provides the extra support you need at the highest quality

Women have unique health needs

Let's face it - being a woman is not always easy! Pre-menstrual problems and unpleasant menopause symptoms have, until fairly recently, been accepted as a woman's lot.

Yet the experience of, for instance, bloating, low energy levels, water retention, irritability, headaches, tension, breast tenderness and hot flashes associated with these periods in a woman's life, are avoidable in the vast majority of cases.

Diet and nutrient intake are key.

Hormones are some of the most powerful chemicals in the body, so it is hardly surprising that they can wreak havoc when not properly balanced.

Unlike synthetic treatments and medications, natural vitamins and other essential nutrients obtained from the diet can support the balance in a woman's body, without disrupting its natural chemistry.

Specialist Supplements have formulated products to support a woman's unique health needs.

Collagen Ultra Beauty



Collagen Ultra Beauty

Marine collagen and hyaluronic beauty complex

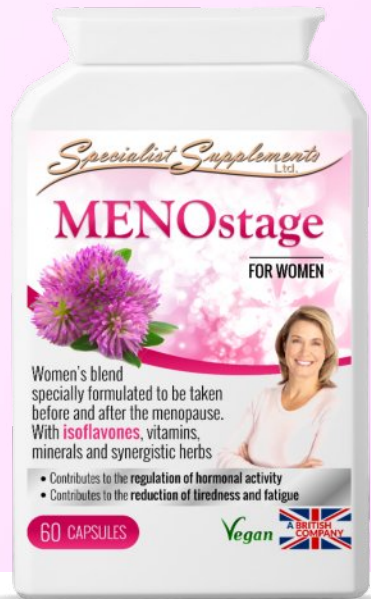
Collagen Ultra Beauty is more than just collagen - it contains a tailored combination of marine collagen and hyaluronic acid, as well as a clever

beauty blend that is designed to work from within to help protect the body (and skin in particular) on a cellular level against both internal and external stressors.



Contributes to collagen formation and normal hair, skin and nails

Herbal support for







TOTAL GUT THERAPY PACK

Love your gut!

The health products included in our tailored and super-charged Total Gut Therapy Pack have been specifically chosen for their powerful digestion support actions.



WEIGHT MANAGEMENT PACK

In support of your weight management and shape-up goals!

The health products included in our tailored Weight Management Pack have been specifically chosen for their nutrient-packed, thermogenic and “carb blocker” ingredients, which support fat burning, a healthy metabolism, digestive health, water balance and a strong immune system all in one.



SEE ONLINE FOR SHAPE-UP POWDERS





SLAY FITNESS

Contact sales@slaynetwork.co.uk for all order enquiries

Minimum order \$400

Shipping charges: \$150 delivery worldwide, No shipping charge UK ORDERS

Price per item: \$34